

Life on The Barbary Coast Program



San Francisco Maritime National Park Association

Teacher's Manual

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**SAN FRANCISCO
MARITIME NATIONAL PARK
ASSOCIATION**

Dear Teachers,

Welcome to the amazing Gold Rush Program and thanks for choosing to attend! This manual contains everything you'll need to prepare your class for your field trip. We have updated and streamlined these materials this year and we hope it is better than ever. If you have any other questions please feel free to contact us directly.

Thanks!

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What to Expect



Overview

The year is 1906; a devastating earthquake and fire has laid San Francisco in smoldering ruins. Much of the population is sheltered in tent cities, and doubts are being expressed about the city's survival. Still, San Francisco is a port town, now more than ever. A forest of masts circles the waterfront and hundreds of tall ships are loading and unloading their cargoes from around the globe; lumber from Oregon and Washington; fish from Alaska; textiles from England; sugar from the West Indies; and rice and tea from China. By bringing these cultures together the wharves create a world of their own.

The regular crew of the cargo ship *Balclutha* have jumped ship to fight fires and help their families, or in some cases simply to take advantage of the pandemonium in town for nefarious purposes. The *Balclutha's* Captain is left with only his first and second mates, that latter of which he's sent ashore to find a replacement crew willing to man the ship on her sail to Oregon for lumber. The students or "lads" as they're known arrive at Hyde Street Pier and are taken by the second mate as the new crew. While the Captain is displeased at their apparent lack of seamanship, he agrees to take them on and the individual crews are set to the task of readying the ship and learning the sailor's life.

The program takes place aboard the *Balclutha*, a 300-ft Square-Rigged Tall Ship built in 1886 for the California grain trade, now permanently berthed at the Hyde Street Pier. This unique location within the San Francisco Maritime National Historical Park allows students to experience what life might have been like had they been part of the sailing trade 100 years ago, while also introducing a sense of stewardship within the National Park system they have inherited.

Cast of Characters

The first person you will meet is the squirrely second mate. According to him today may be your lucky day, for at the end of the pier lies the tall ship *Balclutha*, ready to take on crew and cargo for her next voyage. The first mate has sent him down to fetch a handful of able-bodied seamen, but as the second mate has a tendency to bumble his orders, he's stumbled upon the group of lads and enlists them instead. Onboard the Captain is waiting for his crew. He is clearly unimpressed with the second mate who's brought you aboard, but is willing to keep you on and possibly make sailors out of you yet. Much of this job falls to the stern and task-oriented first mate, who is charged with instilling the rules of the ship and seeing that they are carried out.

Goals

Life on the Barbary Coast is an exploration into the lives of sailors at the turn of the last century by means of experiential education. Throughout the 4-hour program, students explore maritime history by becoming "sailors" themselves; as they learn the language of the sea, the skills needed to row and maneuver a one ton long boat, or the confidence and teamwork to raise each other off the deck in a Bosun's chair, they become a part of this history. By requiring the students to be active during the program, emphasis is placed on building self-esteem, a sense of responsibility, respect and cooperative learning skills. These skills are not just useful on the vessel or in the classroom, but throughout the students' entire lives.

The program also strives to increase their awareness of San Francisco and California history, the maritime industry, and to introduce participants to the similarities and differences between their daily lives and those of historic sailors. Through this we hope to make them better understand the continuum of history, so they will see themselves as a part of history, not as an observer. By actively participating in a program at the San Francisco Maritime National Historical Park, we foster their individual responsibility in supporting our National Park system and the preservation and protection of our collective cultural and natural history.

Choosing Your Crews

Before you come aboard the class should be divided into four crews: deckhands, riggers, boat and bo'suns. Each crew needs one student in charge, known as a "mate". Please call us if you have questions regarding crew suitability for students with special needs.

Boat Crew: Responsible for rowing the Longboat and teaching other crews to do the same.

Deckhand Crew: Responsible for keeping bell time and raising and lowering the ensign. May set hawsers or row with the boat crew if time allows.

Bo'sun Crew: Responsible for taking depth readings with a lead-line and keeping bell time with the deckhands. May set hawsers or row with the boat crew if time allows.

Rigger Crew: Responsible for the bosun's chair and raising and lowering their fellow crew members in it.

When you arrive on the pier each crew should (at minimum):

- Have a crew “mate” responsible for keeping their crew together and answering to the ship’s officers.
- Have a Tall Sailor (adult chaperone).
- Know how to give and receive orders (see below)

Giving and receiving orders

- Life aboard a ship is different from life on land. Sailors must be orderly and attentive so they don’t accidentally hurt themselves, their fellow crewmembers or the ship; they also need to work in the most efficient manner possible. For this reason, a stringent hierarchy (chain of command) exists on board a ship from the Captain on down.

· Here are the steps for giving orders. In this scenario the Boat Mate is giving orders to his crew.

· Boat mate. “Crew, line up behind me, CARRY ON”

· Crew. “Aye, Aye, MATE”

· The Boat crew then lines up behind the mate.

· Here the captain gives orders to the Bosun Mate.

· Capt. “Bosun Mate, line your crew up at all hands, CARRY ON”

· Bosun Mate. “Aye, Aye SIR”

· Bosun Mate to Crew. “Crew, follow me to all hands, CARRY ON”

· Bosun Crew. “Aye, Aye Mate”

· Key points:

- 1) Respect is always shown to the person giving the orders. If it’s a mate, the answer should be “Aye, Aye, Mate”, if the captain, then “Aye, Aye Sir”.
- 2) The words “CARRY ON”, indicate that it is time to respond, then act.
- 3) Everyone responds BEFORE they carry out the orders

Each crew should (if possible):

- Practice 1 or 2 chanteys.
- Study their assigned tasks and practice skills (detailed information in each crew’s packet in the Supplemental Information section)

Preparing For The Trip

Student and chaperone preparation is an important part of the Life on the Barbary Coast program. There are several things that both should know to ensure a successful program.

1. The students should have an understanding of the historical setting. They should be familiar with the effects of California's gold rush on the growth, trade and commerce of San Francisco, as well as a general understanding of the hardships of a journey by sea. While it is not necessary for them to know all parts of a ship beforehand, an overview of how a sailing vessel works is always a good foundation. Background information and a glossary of nautical terms can be found in the Supplemental Information packet and may be utilized to help you set the tone before you arrive.
2. In order to give the students the full benefit of experiencing Life on the Barbary Coast, the program is set in both a historical place and time. Once on Hyde Street Pier, the students will interact with instructors pretending the year is 1906. It is important that students and chaperones respect this premise as much as possible during the program.
3. Students should be divided into four groups (crews) before you arrive. Each group should have a student leader and each student should have a nametag.
4. Each student and adult should bring their own sack lunch and a drink marked with their name. There will be a lunch break in the middle of the program. **Please keep student and adult lunches separate.**
5. Our programs run rain or shine. If inclement weather is expected, make sure to leave extra time for transportation and arrival. **We will provide foul weather gear to students/adults who need it**, but as this takes time away from the program we ask that you plan accordingly by being on time. If it is raining on the day of your program, please call Education Director Seth Muir at (415) 215-6291 prior to your arrival on Hyde Street Pier.
6. The following are known as "contraband" and are **not allowed on the program**: Cellular phones, electronic games, cameras, pagers, plastic water bottles, gum, candy or other snacks (outside of the lunch area). ***This includes Teachers and adult chaperones.*** Contraband items will be collected by the staff and kept until the end of the program. Only one adult, the "Historian" is allowed to carry a camera and take photographs.

Roles of the Teacher and Adult Chaperones

Teachers: The teacher may also be known as the “Guest of the Captain”. While the adult chaperones will be assigned to a single group of students, the teacher has the flexibility to roam around the ship and observe the program in its entirety. Once the program begins it is essential that the teacher stands back and does not assist the students or provide them with answers in any way, so they may benefit from working together and with our instructors to find answers to their questions. While the teacher is asked to adhere to the same rules of conduct as the adult chaperones, he/she may always call and talk to us in advance if there are aspects of the program that may need adjusting due to special needs.

Adult Chaperones: Adult Chaperones, known on the program as Tall Sailors, act ONLY as safety officers for the students. A Tall Sailor may be a parent, guardian or any responsible adult permitted by your school to act in this capacity. The role we ask them to play and the requirements involved, are unusual and challenging, **and we strongly recommend that you choose those adults you know will be comfortable with the surroundings and the goals of the program.**

We ask that you bring **one** Tall Sailor for each crew. The maximum number of adults, including teachers, allowed to attend our program is six. This allows for four Tall Sailors, one Teacher, one Historian (photographer). One-on-one aides are also allowed, please contact us in advance if this will put you over the 6 person max.

Please bear the following in mind when selecting adult chaperones for your program:

1. **Tall Sailors do not assist or communicate with the students in any way except to prevent accidents or unsafe behavior.** Their vocabulary is limited to a single word “Avast”, which is a warning to the students that they are doing something that may be unsafe. If a Tall Sailor has a concern, they are welcome to ask for assistance from the instructors, by saying “a private word” to the nearest staff member who will handle the issue.
2. Tall Sailors must **not** be assigned to the same crew as their child. If a child has special needs that require a one-on-one aide please contact the Education Director at (415) 215-6291 to discuss.
3. Tall Sailors must arrive on-time and remain on the pier for the entire program.
4. The historian is the **only person who may carry a camera.** This is an optional role (photography is not necessary), but if you choose to have one the historian will be responsible for taking all photographs and videos of the voyage. Although the teacher can certainly fulfill this role if need be, we strongly encourage teachers to plan to have another parent along to take care of all the details surrounding photography of the program.

PLEASE MAKE SURE THAT PARENTS KNOW THAT THEY WILL NOT BE ALLOWED TO INTERACT WITH THEIR CHILD OR ANY OF THE STUDENTS DURING THE PROGRAM OR THE LUNCH BREAK. This program is designed to foster students’ problem-solving and communication, and works best when students are able to think for themselves. Tall Sailors will be on hand to ensure the safety and well-being of students but **WILL NOT** be allowed to interact with them unless there is an illness or safety concern.

The Trip Checklist

Upon receiving your contract:

- _____ Contact all participating adults. You will need 1 adult for each of your four groups plus an optional Historian (photographer) and the teacher – a total of 6 adults max. Make sure the adults know that once they enter Hyde Street Pier, they are there for **SAFETY ONLY and will not be placed in the same group as their own child**. You should also begin to discuss transportation needs.
- _____ If you have students with special needs that may require particular consideration, please contact the Education Director at (415) 215-6291 to discuss an appropriate plan of action. Our aim is for every student to have a positive, worthwhile experience and knowing about special situations in advance helps us immensely.
- _____ Review your funding needs. Funds may be available through parents, the PTA, student fundraising efforts, community service organizations, business or corporate grants or the Maritime Park Association's Financial Aid Fund. A scholarship application can be found on the last page of your contract.

One month prior to your trip:

- _____ Send the required paperwork home with the students.
- _____ Implement pre-trip lesson plans (optional).

Two weeks prior to your trip:

- _____ Collect the two medical forms and liability release forms. (at the end of this manual)

One week prior to your trip:

- _____ Divide students into 4 groups of approximately equal size and select (or have students select) a group leader (Mate) for each.
- _____ Review with your students:
 - appropriate clothing (long pants, closed shoes and a jacket)
 - behavioral expectations onboard the ship and on the pier
 - the concepts of role play
 - bringing a lunch
- _____ Email Education Coordinator Alice Watts at awatts@maritime.org with a final count of students and adults attending.

_____ Finalize travel plans:

- set departure time from school to reflect your location, time to navigate San Francisco city traffic, and time to park upon arrival. **You should plan to arrive NO LATER than 9:45 A.M.**
- the program ends at 1:45 P.M. so you can leave the city ahead of the afternoon commute. Calculate your arrival time back at school accordingly.

24 Hours to Go:

_____ If inclement weather is expected, make sure that students have proper rain gear.

On the day of:

_____ Be sure all participants have their own lunch. Buying lunch IS NOT an option for students OR adults. **Tall Sailors' lunches should not be packed with those of their children.**

When you arrive:

_____ Drop off students and non-driving Tall Sailors at the cul-de-sac at the end of Jefferson Street. Send drivers to park the vehicles.

_____ Adults needing to park vehicles should rejoin the group as quickly as possible. Parking is available by permit (see register on the last page) or at the Ghirardelli Garage at Beach and Larkin (full market rate). **There is a vehicle height restriction** in this garage of 6'2". Oversized vans and large SUV's may not fit in this garage. Other parking arrangements can be made by contacting the Education Director at least a week in advance. The Maritime Park Association will not accept any responsibility for vandalism, parking tickets or towing charges. **No cars are allowed to drive on to Hyde Street Pier at any time.**

_____ **The teacher must Check-In at the Age of Sail office in the Sea Fox (the small red and white tug boat pilot house on the right side of the Pier just beyond the Tubbs Building). Students and Tall Sailors should line up in their 4 crew lines by the railing opposite the Sea Fox. Please make sure that your group does not block the Pier from other visitors. The teacher should bring the following:**

- Emergency medical forms for children AND ADULTS.
- Liability Release forms.
- Payment in the form of a single check.

Questions? Concerns? Call us at (415) 561-6662 WE'RE GLAD TO HELP.

Arrival and Check-In Instructions

Following the instructions below will ensure a smooth and efficient start to your program. The cooperation of all adults is requested, in order to prevent unnecessary delays. **Please note:** We cannot make up time lost due to arrival delays, and therefore in the event of a delay some activities may have to be deleted from the program.

The program officially starts at **10:00 am**, so please allow enough time to park, unload students and re-group as a class before entering the pier. We strongly recommend a target time of **9:45 am for arrival.**

Please call our office at (415) 292-6664 or the Education Director's cell at (415) 215-6291 if it is raining while you are still in transit. It is very important to keep the lads and their gear dry prior to the start of the program.

The entrance to the parking garage is on Beach St, just past Larkin St, below the entrance to Ghirardelli Square.

*****Hourly rate applies**

*****Do not leave valuables in your car, we can keep them safe in our office for the duration of the program.**

The garage can only accommodate vehicles up to 6'5. Arrangements for vehicles taller than 6'5 can be made by contacting us in advance. We will provide you with a parking permit for an outdoor lot either through the mail or when you arrive.

The numbers you need:

Age of Sail Office: 415-292-6664

Glenn Howe (Education Director): cell 415-215-6291

Please do not delay in parking your vehicle, as all adults need to be available for the program orientation at 10:00 am.

Driving Directions

From the Bay Bridge

Cross the Bridge. Take the **FREMONT STREET** exit. Stay to the right lane and follow the sign to **FOLSOM STREET**. Turn left onto **FOLSOM**. Take **FOLSOM** to **EMBARCADERO**, and turn left. **EMBARCADERO** becomes **JEFFERSON** at Pier 39. Follow **JEFFERSON**, cross **HYDE** and look for temporary parking to unload. **Do not park** in the three spots marked Government Vehicles Only (you will be cited). After unloading you can proceed to park at Ghirardelli Square.

From the South Bay

Follow **101** towards the Bay Bridge. Take the last San Francisco exit: **FOURTH ST. / BRYANT ST.** Follow **BRYANT** towards the water. Turn left on **EMBARCADERO**. **EMBARCADERO** becomes **JEFFERSON** at Pier 39. Follow **JEFFERSON**, cross **HYDE** and look for temporary parking to unload. **Do not park** in the three spots marked Government Vehicles Only (you will be cited). After unloading you can proceed to park at Ghirardelli Square.

An alternate route is to take **280 N** until it ends and feeds into **KING STREET**. **KING** becomes **EMBARCADERO**. **EMBARCADERO** becomes **JEFFERSON** at Pier 39. Follow **JEFFERSON**, cross **HYDE** and look for temporary parking to unload. **Do not park** in the three spots marked Government Vehicles Only

From the Golden Gate Bridge

Follow the signs for the **MARINA**. Continue down **MARINA BLVD**. Make a left at **BAY ST**. Drive 9 blocks to **COLUMBUS ST**. Make a left on **COLUMBUS** and an immediate right on **LEAVENWORTH** (to the right of the small park). Drive 2 blocks to **JEFFERSON ST**. Make a left. Cross **HYDE** and look for temporary parking to unload. **Do not park** in the three spots marked Government Vehicles Only (you will be cited). After unloading you can proceed to park at Ghirardelli Square.

Bus Drop Off

Buses can turn left onto the corner of Hyde and Jefferson Street where there is a designated bus unloading zone, on the west (right) side of the street. This allows the students to step off on to Victorian Park without crossing the street.

Unload students and any gear by the park benches on the left side of Jefferson, directly opposite the Dolphin and South End Rowing Clubs. **Please do not block parking spaces or bicycle/pedestrian walkways.** The park benches are the best and most convenient assembly point and students can stretch their legs on the grass.



Maritime Day Program

Participant Emergency Contact Information

_____	_____	M	F
Child's Name	Date of Birth	Sex	
_____	_____		
Parent's/Guardian's Name	Parent's/Guardian's Name		
_____	_____	_____	_____
Home Phone	Work Phone	Home Phone	Work Phone

Alternative Emergency Contact

Additional Emergency Contact

Home Phone Work Phone

Address

City, ST ZIP Code

Insurance Information

Name of Family Physician

Physician Phone Physician Office/Hospital

Insurance Provider

Insurance ID # Group #

Medical Information

*Does your child have an EPI pen? **YES NO**

Is your child taking any prescription medications that need to be administered during **YES NO**
the program? (list)

Does your child have any physical or medical conditions or restrictions? **YES NO**

Signature of Parent(s) or Legal Guardian(s) _____ Date _____

Programa del Día Marítimo

Información de Contacto de Emergencia Participante

Nombre del participante

Fecha de nacimiento

Nombre de los padres/guardiane

Nombre de los padres/guardiane

Teléfono de la casa

Teléfono del trabajo

Teléfono de la casa

Teléfono del trabajo

Alternativa Contacto de Emergencia

Alternativa Contacto de Emergencia

Teléfono de la casa

Teléfono del trabajo

Address

City, ST ZIP Code

Información del Seguro

Nombre del doctor de la familia

teléfono Physician

Oficina Physician / hospital

proveedor de seguros

Número de identificación de seguro

Información Médica

*Tiene su nino un EPI pen? **Sí** **No**

¿Su hijo está tomando algún medicamento de prescripción que necesitan ser administrados durante el programa? (list) **Sí** **No**

¿Su hijo tiene alguna condición física o médica o restricciones? **Sí** **No**

Firma de Padres o tutor Leagal

Fecha

Day Program – Adult Medical Form

Participant Information

Name	Date of Birth	M	F
		Sex	
Address	Home Phone	Work Phone	

Emergency Contact

Emergency Contact	
Home Phone	Work Phone
Address	
City, ST ZIP Code	

Medical Information

Do you have any physical or medical conditions or restrictions? **YES** **NO**

Explain: _____

In consideration of myself or my child participating in the programs of the San Francisco Maritime National Park Association, I agree on behalf of myself and my child to assume all risks of injury to my child and to waive all claims, actions, and damages against the Maritime Park Association. I further agree not to sue the Maritime Park Association, its officers, directors, employees, agents or assigns for any claims arising out of participation in the Maritime Park Association's programs, the actions of the school district or youth group's employees, officers or agents, or the actions of the program participants.

Date of Program: _____ Participant's Name: _____

Signature: _____

Programa del Día Marítimo

Información de Contacto de Emergencia Participante

Nombre del participante

Fecha de nacimiento

Dirección

Teléfono de la casa

Teléfono del trabajo

Contacto de Emergencia

Contacto de Emergencia

Teléfono de la casa

Teléfono del trabajo

Address

City, ST ZIP Code

Información Médica

¿Usted tiene alguna condición física o médica o restricciones?

Sí

No

Firma

Fecha

**SAN FRANCISCO MARITIME NATIONAL PARK
ASSOCIATION**

EDUCATION PROGRAMS RELEASE FORM : REQUIRED

In consideration of my child participating in the programs of the San Francisco Maritime National Park Association, I agree on behalf of myself and my child to assume all risks of injury to my child and to waive all claims, actions, and damages against the Maritime Park Association. I further agree not to sue the Maritime Park Association, its officers, directors, employees, agents or assigns for any claims arising out of participation in the Maritime Park Association's programs, the actions of the school district or youth group's employees, officers or agents, or the actions of the program participants.

Date of Program: _____

Participant's Name (Child): _____

Parent's Name: _____

We request that all parents agree to the above provision and sign below to acknowledge their agreement. A child without a signed release form will not be allowed to participate in the program.

Signature of Parent

Date

Parent's Email (if you would like to receive more information from our organization): _____

SAN FRANCISCO MARITIME
NATIONAL PARK ASSOCIATION

PROGRAMAS EDUCATIVOS

FORMULARIO DE DESCARGA DE DEMANDA O DERECHO

Tomando en consideración mi responsabilidad sobre mi hijo/hija participando en los programas del San Francisco Maritime National Park Association, yo decido por yo mismo y mi hijo/hija de aceptar todos los riesgos de daño a mi hijo/hija y reconozco que no reclamaré daños ni tomaré acciones de demanda contra el Maritime Park Association, sus oficiales, directores, empleados o agentes. Por lo mismo tampoco participare en reclamar daños por lo que resulte en los programas del Maritime Park Association, las acciones del colegio o las acciones de los participantes del programa.

Fecha del Program: _

Nombre del Participante (hijo/hija): -

Nombre del Pariente: _

Pedimos que todos los parientes acepten las provisiones mencionados y firmen abajo para reconocer el acuerdo. Un niño sin el Formulario de Descarga de Demanda o Derecho firmado por un pariente no participara en el programa.

-

Firma del Pariente

Fecha

Education Programs Parking Permit Register

DIRECTIONS:

Please complete this form with your drivers' information so that we can issue permits for the day of your program. **WE ARE ALLOWED TO ISSUE ONLY TEN (10) PERMITS.** Extra drivers above ten will have to find parking on their own in a local garage at current market rate. Email registers to sfmaritimecoordinator@gmail.com; once received by the Education Coordinator, your permits will be created and emailed to you so that you can print them and distribute them to your drivers. Permitted parking is on a first-come, first-served basis, and is not guaranteed. A parking map of available permit parking locations will be included with your permits (do not park in any metered spaces). If there are no spots available you will need to park in one of the local garages and pay their full rate for parking. We apologize for the inconvenience, but parking in San Francisco is extremely limited and this is the best solution we have at this time. **MUST ALLOW AT LEAST (5) FIVE DAYS TO PROCESS PERMITS** - if there are any last-minute changes to the register, drivers will have to find parking on their own and pay full market rate.

*****PARK AT YOUR OWN RISK*****

School: _____

Teacher: _____

Date: _____

Permit #	Driver's Name	Vehicle Make/Model	Color	State/License #	Phone #
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					